

Irenaeus Newsletter



June '25

From the desk



I love this time of the year. Easter, Pentecost and the changes in the seasons all speak to me of new life. Even our guests in the centre, some of whom can be very challenging, seem lighter and more at peace. Yet new life can be very difficult because it always invites us into the process of change. God delights in us with a love which is almost beyond our comprehension, a love that demands nothing in response but is simply poured out. That love if we're open to it will change us as we allow the spirit of God to fill us and free us from the false understanding of humanity, life and the world that we're fed every day. We can't discover what it means to be human or live lives that are full without the help of the Spirit. It's the spirit within us that transforms us and enables us to live our lives in such a way that others will be drawn to the God of life. So if we can help you in any way as you explore new life do get in touch

Chris

WHAT'S ON AT A GLANCE

SONGS WE REMEMBER

Wednesday 2pm – 4pm 11th & 25th June '25

AGAPE MASS @ IRENAEUS

7pm 5th June & 3rd July

COME AND SEE DAYS AT IRENAEUS

10:30am - 4pm

7th June '25 led by Hugh Preston SDB

5th July '25 Led by Ellen Loudon

JOURNEY INTO SILENCE

Introduction to meditation

10am - 3pm 14th June '25 Led by Mark Waters

SUMMER CELEBRATION

5pm 21st June '25 Mass followed by a BBQ

SCRIPTURE EVENINGS

THE ADVENTURE WITH THE SPIRIT

7pm - 8:30pm

2nd, 9th & 16th July '25

For more information about all our events contact
jenny@irenaeus.co.uk or Tel: 0151 949 1199

COME AND SEE

10:30 - 4pm

7th June '25

**THE WONDER
OF THE SACRAMENTS**

**Keynote Speaker
Hugh Preston SDB**



10:30 - 4pm

5th July '25

**THE WONDER
OF OUR CALL**

**Keynote Speaker
Canon Ellen Loudon**



Bring a packed lunch

Suggested donation £10

For more information
email jenny@irenaeus.co.uk
or tel: 0151 949 1199



The Irenaeus Project
the glory of God is a person fully alive

www.irenaeus.co.uk

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***Moirá's
Meanderings***



This weekend is my favourite feast, 'Pentecost'. A chance to recognise the power of the Spirit working in our lives. There is a lot to pray for in our church with our new Pope, Leo XIV and our own new archbishop, John Sherrington. It's a time of new beginnings. The apostles began their new ministry when they were filled with the Holy Spirit. I wonder what new ministries God has instore for you or I? When people come in to Irenaeus they are amazed at all that is going on and yet we know that there is still more to do if only we can be totally open to what God is calling us to.

***'Come Holy Spirit, fill the hearts of your faithful
and kindle in us the fire of your love'.***

JOURNEY INTO SILENCE

**An introduction to Christian
meditation**

Led by Revd Mark Waters.

**Saturday 14th June 2025
10.00am – 3.00pm**

**Venue: The Irenaeus Centre,
Great Georges Rd.
L22 1RD**

**Suggested donation £10
Bring a packed lunch**

**For further information
Contact: marko.waters@gmail.com**

Booking essential contact jenny@irenaeus.co.uk

**St John of the Cross said, "the only language God hears is the
silent language of love."**

This language of love has been spoken and practiced by the Christian mystics down the centuries and kept alive in the monastic tradition. But in recent years it has been re-discovered as a way of prayer for any Christian.

This introductory day aims to help participants overcome the practical struggles that many of us face when we try to pray in silence and enable them to establish a regular pattern of silent prayer using the practice of Centering Prayer.

The Pax Christi Prayer By Brother Roger of Taizé

O Risen Christ, you breathe your Holy Spirit on us
and you tell us: 'Peace be yours'.
Opening ourselves to your peace
letting it penetrate the harsh
and rocky ground of our hearts
means preparing ourselves to be
bearers of reconciliation
wherever you may place us.
But you know at times we are at a loss.
So come lead us to wait in silence,
to let a ray of hope shine forth in our world.



SUMMER CELEBRATION AT IRENAEUS



WE NEED YOUR HELP AT IRENAEUS

As we expand our ministry and have more visitors, we need more help. Can you spare two hours a week to welcome people and make a cup of tea?

If you can help Contact
chris@irenaeus.co.uk
or moira@irenaeus.co.uk

We would love to hear from you.



SUPPORT FOR THE DIVORCED AND SEPARATED

The Restored Lives course is run over six weeks, one evening per week

Contact Maureen 07967753471 or Jacqui Sellek 07793825815

Richard Roher says...

This gift of knowing the Spirit, of being able to love as God does, is the same gift we need today. We see the world on the brink of destruction, yet we are too often apathetic about it. We hear of wars and famines, yet we choose to ignore them. We watch the earth degrade around us, and we simply adjust our thermostats. Too many of us just want to be left alone, not bothered by someone else—not even God—making demands on us. All of this is evidence of something missing in our lives, and reveals that we do not really know the Holy Spirit.

The Spirit is always a gratuitous gift. It's always an unmerited favour. It's always pure grace. Like wind, it cannot be seen. Like smoke, it cannot be controlled.



The Spirit is elusive, blowing where it wills. Yet like fire, the Spirit can be felt. The Spirit is experienced as the warmth of God's love. And like blood, it is experienced as an inner vitality. The Spirit is supremely intimate, yet supremely transcendent.

To enter into relationship with the risen Christ, we have to let go of ourselves, surrender control of our lives, and let the Spirit be given to us. We think that we might lose our individuality, yet surrendering to God actually increases it. For once in our lives, we're truly free to become ourselves rather than what others want us to be. The highest form of self-possession is the capacity to give ourselves away. By giving ourselves completely to God, we come to be possessed by God and in full possession of ourselves at the same time.

LORETO SPIRITUALITY CENTRE LLANDUDNO

LIVING THEOLOGY: 11th - 14th July with Chris Thomas and other speakers

PRAYING WITH THE MYSTICS ACROSS THE AGES

6 day retreat 12-19th August led by Fr Brendan Comerford SJ.

For more information and booking

Email: loretocentre@yahoo.co.uk

THE ADVENTURE WITH THE SPIRIT

Summer Scripture evenings



7pm – 8:30pm

2nd, 9th, & 16th July 2025

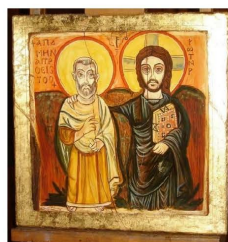
At Irenaeus

Great Georges Rd, Waterloo
L22 1RD



zoom links
available from

jenny@irenaeus.co.uk



Have you ever thought of becoming a Spiritual Director?

Spiritual Direction is the gift of journeying with another person in order to deepen their relationship with God. Providing a safe space for listening and reflection allowing them to explore how God is working in their daily lives.

Our ecumenical training course is held at.

The Cenacle, Tithebarn Grove, Liverpool L15 6TW
from 11th September 2025 until 26th March 2026 on
Thursdays

10am until 4pm.

There are 15 sessions as well as a weekend residential retreat
(October 17th – 19th 2025)

We would be happy to talk to you about the course so if you are interested and would like more information, current costs, session dates or details on how to apply please email
spiritualdirectors@liverpool.anglican.org.

The Irenaeus Centre and St Thomas' Oratory



WARM AND COSY!

CALL IN FOR A CUPPA AND A CHAT

KEEP WARM AND ENJOY THE COMPANY

We are open 10am - 4pm Monday - Thursday

Join us for Mass 12 Noon every Wednesday

OTHER ACTIVITIES

PRAYER FOR HEALING

Mondays 2pm - 3pm

WOMEN'S WELL BEING

Mondays 12 noon - 2pm

KNIT AND NATTER

Tuesday 10.30 - 12 noon

SCRIPTURE SHARING

Tuesdays 12 Noon

TAI CHI

Tuesdays 1pm - 2pm

COUNSELLING

Wednesdays 10am - 2pm

'SONGS WE REMEMBER'

SING-A-LONG

**2pm, 2nd and 4th
Wednesday of the month
(Dementia friendly)**

ART AND MEDITATION

Thursdays 2-4pm



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