

Irenaeus Newsletter



July & August '25 *From the desk*



It does feel weird to be sitting on the edge of the summer break. We have had huge amounts on at Irenaeus with several religious retreats added to the mix. One of the ways through which we outreach to people is through hospitality and our foodbank. Would you consider helping us in these areas either by a small monthly donation or by a delivered order of food or by dropping a few cans in? Every little helps. There's nothing worse than to see someone coming in and we don't have enough to help. At times we are perilously close to empty and all we want to do is help people. So consider helping us to help others. Other than that enjoy the summer, take advantage of the light nights and don't forget to take a period of silence each day. God bless you for all you are and all you do

WHAT'S ON AT A GLANCE

SONGS WE REMEMBER

Wednesday 2pm – 4pm
10th & 24th September '25

AGAPE MASS @ IRENAEUS

7pm 7th August & 4th September '25

BEREAVEMENT SUPPORT TRAINING

10am - 3pm Friday 12th September '25
at Irenaeus

SCRIPTURE MORNINGS

10:30 - 12 noon
24th September, 1st & 8th October,

MACMILLAN COFFEE MORNING

10:30 - 12noon Thursday 25th September '25

DAY OF RENEWAL

10am - 4pm 11th October '25
at Irenaeus

WOMEN AT THE WELL

A WOMEN'S WEEKEND

Friday 17th - Sunday 19th October '25

**There is no mass at Irenaeus
during the month of August**

For more information about all our events contact
jenny@irenaeus.co.uk or Tel: 0151 949 1199

BEREAVEMENT SUPPORT

Explore ways that we can support
people in a time of grief

Consider the stages of grief and
what might help people.

10am – 3pm Friday 12th September 2025
at The Irenaeus Centre,
Great Georges Rd. Waterloo L22 1RD

Book a place with Jenny
Tel: 0151 949 1199
jenny@irenaeus.co.uk

Donation £10

Bring a Packed Lunch



www.irenaeus.co.uk

32 Great Georges Road, Waterloo, Liverpool L22 1RD

Chris

07761 304 184

chris@irenaeus.co.uk

Moir

07815 171 734

moira@irenaeus.co.uk

Jenny (main office)

0151 949 1199

jenny@irenaeus.co.uk

**Moirá's
Meanderings**



Summer is a time to pause, reflect, and plan ahead. As a lifelong teacher, I associate July with endings and September with new beginnings. In this lovely weather, it's uplifting to see people enjoying the sunshine and families being active outdoors. Recently, a group of us from Irenaeus joined nearly 2,000 others for the Wirral Way sponsored walk—20 km from New Brighton to Thurstaston country park. The experience reminded me of how life is a journey, each moving at their own pace, supporting each other along the way, especially when motivation wanes. We were encouraging each other saying one step at a time and it reminded me of the song we sang in school .

One more step along the world I go. One more step along the world I go.
From the old things to the new keep me traveling along with you.
And it's from the old I travel to the new. Keep me traveling along with you.

I think that this hymn serves as a meaningful prayer for our future endeavours, and it is my hope that here at Irenaeus we will continue to identify innovative approaches to acknowledging the presence of God on life's journey.



The search for God is a very intimate enterprise. It is at the core of every longing in the human heart. It is the search for ultimate love, for total belonging, for the meaningful life. It is our attempt to live life and find it

worthwhile, to come to see the presence of God under all the phantoms and shadows - beyond all the illusions of life - and find it enough.

But the search depends, at least in part, on the complex of energies within us that we bring to the challenges of seeking.

We do not all hear the same tones at the same volume, or see the same visions in the same colours, or seek the same goods of life in the same way. The search for God depends, then, on choosing the spiritual path suited to our own spiritual temper and character....

There is, as a result, more than one way to go about the journey to God.

*Joan Chittister from her book,
The Monastery of the Heart'*

Ronald Rolheiser said,

Someone, I think it was Buckminster Fuller, once said: "God is a verb not a noun." At one level, that statement is dangerously false. At another, however, it affirms something very important and Christian about our relationship to God, namely, that God is not, first of all, a formula, a dogma, a creedal statement, or a metaphysics that demands our assent. God is a flow of living relationships, a trinity, a family of life that we can enter, taste, breathe within, and let flow through us.

"God is love," scripture says, "and whoever abides in love abides in God and God abides in him or her."

..."God is community, family, parish, friendship, hospitality and whoever abides in these abides in God and God abides in him or her." God is a trinity, a flow of relationships among persons. If this is true, and scripture assures us that it is, then the realities of dealing with each other in community, at the dinner-table, over a bottle of wine or an argument, not to mention the simple giving and receiving of hospitality are not a pure, secular experiences but the stuff of church, the place where the life of God flows through us.



**LORETO SPIRITUALITY CENTRE LLANDUDNO
PRAYING WITH THE MYSTICS ACROSS THE AGES**

6 day retreat 12-19th August
led by Fr Brendan Comerford SJ.

**For more information and booking
Email: loretocentre@yahoo.co.uk**

EUCCHARISTIC MINISTRY TRAINING DAYS

**We will be leading Eucharistic ministry
training days at Irenaeus on
25th October 2025 & 14th March 2026**

**Parishes are invited to book places by
emailing jenny@irenaeus.co.uk**

WE NEED YOUR HELP AT IRENAEUS

**As we expand our ministry and have more visitors,
we need more help.**

**If you can help contact chris@irenaeus.co.uk
or moira@irenaeus.co.uk**

We would love to hear from you.

CAN YOU SPARE TWO HOURS A WEEK TO HELP AT THE CENTRE?

10 am - 12noon; 12noon - 2pm
or 2pm - 4pm Monday - Thursday

- Serve tea or coffee
- Help our guests get the food that they need from our food cupboard
- Sit and chat with our guests

CAN YOU HELP WITH FUNDRAISING?

Irenaeus relies on donations for its day to day running

- Can you help raise money?
- Attend our various activities and events?

CAN YOU COLLECT FOOD DONATIONS?

- Put a box at the back of your church and ask people to donate food
- Add a few extra items to your weekly shop
- We collect food from local supermarkets and need help collecting this.



SUPPORT FOR THE DIVORCED AND SEPARATED

The Restored Lives course is run over six weeks, one evening per week. The talks cover the key issues to help you to move on and highlight the practical steps and tools to enable you to tackle the issues that arise from separation and divorce.

For more information contact Maureen 07967753471 or Jacqui Sellek 0793825815



The Irenaeus Centre and St Thomas' Oratory



WARM AND COSY!
CALL IN FOR A CUPPA AND A CHAT
KEEP WARM AND ENJOY THE COMPANY
We are open 10am - 4pm Monday - Thursday

OTHER ACTIVITIES

PRAYER FOR HEALING

Mondays 2pm - 3pm

WOMEN'S WELL BEING

Mondays 12 noon - 2pm

KNIT AND NATTER

Tuesday 10.30 - 12 noon

COUNSELLING

Wednesdays 10am - 2pm

ART AND MEDITATION

Thursdays 2-4pm

**Many of our activities are
cancelled for the month of
August but the centre will
remain open.
All activities will resume in
September.**



The Irenaeus Project
the glory of God is a person fully alive

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